

President's message

I have had the privilege of being President for 28 years and members of my family were before me. It gives me great pleasure to be continuing this long connection.

The Foundation was started by Christians in 1841 and we still continue to be rooted in faith while serving all people in need, whether of any faith or none. I would like to pay tribute to all who are employed today, often of different faiths, who continue this pattern of service which has been the hallmark of Field Lane for so many years.

I also wish to express my gratitude to all who contribute in any way to the work of Field Lane, whether staff, at all levels: those who come in from outside to support and encourage; and those who give money to us, without which we cannot continue. So many people play a vital part and everyone's contribution is greatly appreciated, thank you!

On to the next decade!

The Rt. Hon. The Viscount Brentford

"This year is our 170th anniversary and celebrations have been taking place"

Dear Friends

Welcome to our special anniversary Annual Review.

For 170 years Field Lane has been working hard to bring care and support in many different ways to people who in their many different ways need some help. Throughout the years Field Lane has adapted its services; from ragged schools and refuges to specialist care and housing, from children desperate to read and write to people with vulnerabilities caused through age or disability or circumstance. As a charity we value the opportunity to do this work and we would like to thank everyone who supports us with donations of money or time. The economic climate is placing heavy pressures on us and so the support is especially welcome.

Since 1841 Field Lane has encouraged people to connect with their own story or journey, with each other, and with the communities in which they live.

This is the theme of our 170th anniversary Annual Review. From our earliest days people have been encouraged to know their personal value and achieve their potential. Our approach today is still focused on the individual, valuing and supporting that person to have and enjoy a full life. We are grateful to those who have shared their stories and comments with us for this review.

Behind all of our work lies the transformation expressed in the Christian message – we would like to thank everyone who supports us with prayer and their financial or voluntary resources and so create the opportunities to help lives change.

With our best wishes



John Furber *Chairman*



Jeremy Lamb *Chief Executive*

New Management Service launched

All through our 170 years we have been bringing forward new responses to the problems and challenges that we and others are facing.

Field Lane Management Services has been launched due to the requests we were receiving to assist other charities, both faith based such as religious orders and secular, with their care and support services and with their central administration.

Field Lane Management Service Ltd is a wholly owned subsidiary of Field Lane and any surpluses are passed to Field Lane for use in its wider work. The service is registered for VAT but the issue of VAT being charged for intercharity services is being examined by HMRC and there may be ways in the future of being freed from this additional 20% cost on charities.

We are keen to work in partnership with funding bodies, other charities and housing associations and in the past this has helped new and better services to be created. During the year we began giving management support and central services to a beautiful nursing home in Yorkshire which is home to the ageing sisters of a religious order, and assistance to a religious organisation in London for their extensive learning disability services across the country.

Requests are becoming more frequent and with the strong support of the board we expect more partnership agreements of this nature during the coming year.

Partnerships are of great benefit in creating new services, that finding ways to undertake joint work is high on our list of priorities as we can see the benefits in our current work. Whether it is running supported housing for private owners, using a building which is temporarily surplus to needs, giving management support, investing in projects with funders and banks, joint training or simply sharing experience with other charities – anything is possible for Field Lane which opens up new opportunities for services or helps existing services become more effective.

Thanking our graduate and student volunteers

Rising unemployment and reduced opportunities for young people continue to be major social problems. In response we have developed a work placement programme within the finance department of our central office. Our young volunteers gain work experience to complement their studies and also help our busy finance team. They bring their own skills, personalities and updated learning to share and it gives us great satisfaction that they have all either found employment or accessed further relevant education.

We also offer work experience opportunities to social work undergraduates in our work with vulnerable families. One of our volunteers was later employed full time to cover for maternity leave at A PH.

We therefore thank all of the young people who have helped us. You have all made valuable contributions to our work and we wish you all the best for the future.

Board members

Dr Marcia Purnell *Vice Chair*

John Furber *OC Chair*

Mr Louis Lewis *Treasurer*

Rev. Derek Nixon

Ms Maggie Bishop

Ms Linda Clarke

Mr Bayo Igoh

Mr David Kay (retired May 2010)

Ms Kate Power (joined October 2010)

Mr John Bigby (joined October 2010)

Mr John Green (joined October 2010)

Canon Andrew Tremlett (joined January 2011)

The Rt. Hon. The Viscount Brentford *President*

The Rt. Hon. The Earl of Haddo *Vice President*

Connecting with self and others



Field Lane recognises that nowadays most families are touched at some level by dementia. Moderate to severe memory loss impacts directly on our ability to function socially.

Our memories are our connections to our past and the people around us. The majority of our connections to the people around us depend on memory – “Do you remember when?” – “You won’t believe what I did yesterday.” Dementia takes that connection away from a person, gradually at first and then completely.

Field Lane care homes offer innovative and forward thinking places for people with dementia. The people residing with us are supported to maintain their independence and to keep connected, not just their families, but to their past interests, the community around them and most importantly to themselves.

Field Lane also runs a 19 flat sheltered housing scheme for independent older people. The Ashdown Close scheme in the grounds of our Dovers care home is a real community where residents can plan community events and outings, involving their dedicated support worker as required, or be supported to arrange events with their own friends and families. Here the support work offered is to maintain those connections and combat isolation.

› “People with dementia can become isolated and feel alone or disconnected. At The Priory we combat this by regular trips into Worthing, to the church for coffee mornings, the nearby bowling green, garden centres, tea dances and trips to the beach. There have been theatre trips to see Buddy and Elvis the Musical”. Elvis later made an appearance at The Priory.



› Following support from Field Lane, A now leaves his house, and communicates much more. Now his mother says she, “Can’t believe the changes in his life and character”, and that “it’s like the last ten years of speech has come out at once”. A now has a map in his house on which he sticks pins to show all the places he has been.

› “The parent’s of one of our residents at Badgers are not always able to visit him, so our staff use his car to take him to them. This level of independence would not be possible without our flexibility and commitment to meeting his needs as an individual”.

› “I am happy with the care my aunt receives, and am grateful for the kindness and the apparent affection the staff show her”. Says one relative. Another adds “It goes without saying that I could not think of a better place for mum to live. She is very well liked and loved and I cannot praise the staff enough”.

› “Music is an important reference point to our past and to our emotional wellbeing in the present. Both The Priory and Dovers have regular weekly sessions with professional musicians who not only entertain the residents but encourage them to participate in the music making with instruments, singing and dancing”.



› “The staff team are caring, often giving residents a hug or re-assurance when appropriate and generally do a difficult job very well. I feel so lucky my mother is at The Priory – she receives excellent care and the staff have managed her sometimes challenging behaviour with skill and professionalism”.



› A lives at Andrew Provan House and her relationship with her family was strained. Supported by her keyworker she was encouraged to try and reconnect to her family and talk about what was happening in her life. Her family were then able to better understand her situation and the things she had been through and are now much more supportive towards her.

› “Ensuring that someone reaching the end of their life dies with dignity is an intrinsic part of the Field Lane mission in our care homes for the elderly. Recently we worked closely with two families, supporting them to stay here with us, so their connection to their much loved relative was maintained until the very end”.

Staying connected to the community



Field Lane works to support people affected by learning disabilities to help them understand the world around them, learn new skills and communicate with those people who are important to them.

People who suffer from profound learning disabilities may well be unable to feed themselves, care for themselves or do some of the things that most people take for granted; like having bath or using the toilet.

People with a Learning Disability can often become depressed and isolated because they have difficulty in social situations. They may find it difficult to find work, friends and activity.

That's why Field Lane is determined to work with people with a learning disability, to support them to keep the connections that are important to them, and to help them to make new connections so they can live their lives to their full potential.

Field Lane works with people and families affected by Autism and Asperger's Syndrome (Autism Spectrum Disorders). These developmental disorders of the brain directly impact on a person's ability to communicate and function socially.

How can you make friends if you don't know what's socially appropriate? How will you connect to your family if you can't understand what they are saying to you, or if you can't read their body language? How will you find activity, stimulation and work if you can't tell people what you want or how you want to live your life? Field Lane works one to one with individuals to find the right answers to these difficult questions.

› “Field Lane runs two clubs for people with learning disabilities in Southend, Essex and Redhill, Surrey. These clubs and discos are attended by over 50 people a week each, and provide excellent social opportunities for people to meet, chat, snack and dance”.



› J at Badgers needed an operation on his teeth because he was in pain and not eating. His family were very concerned. Lyndsay the manager arranged for an advocate to get involved, as the hospital said they couldn't do the work on J until the end of the year. With the help of the advocate J had his operation quickly and made a full recovery. Js family say “ This whole episode demonstrates the care and teamwork at Badgers. We are so appreciative of this”.

› “We have worked closely with B, whose physical health has been a real struggle. We have supported her to adapt to her changing circumstance to ensure she stays in the home she loves, and continues to go into the community and keep in touch with her relatives”. Nikki Winn, Field Lane Care and Support Agency Manager (Southend).

› Field Lane's ways of working allow people to be spontaneous. At Boston Avenue, JC likes nothing more than hopping on a bus in the morning with a member of staff, and using her bus pass to “see where they end up”. Managing risk is something we do well at Field Lane. Risks aren't removed, but people are enabled to take risks in a safe and supportive way.

› “The Priory recently celebrated 60 years of caring in Worthing and 170 years of Field Lane with a Celebration Toast. Families, friends, neighbours and carers were joined by the Mayor, Councillors, Field Lane's Chief Executive and Trustees in a joint Celebration”.



› At Andrew Provan House, most organised activities that range from discussion groups on personal development and parenting to arts and crafts, cooking, gardening and group outings are designed to encourage peer support and strengthen parent child bonding.

However as Key Worker, Faicka stresses, “ There's a bigger world out there than A PH so we take people outside and encourage them to engage with other support such as early years centres, outreach workers and other local groups. They join libraries, churches, gyms and many other local amenities”.



In 2010 and 2011, people supported by Field Lane have made trips to Eurodisney, Blackpool, Hopton on Sea, Walton on the Naze, Brighton, The London Aquarium, Florida USA, London Zoo and many other places. We have also planned trips to the Special Olympics in London 2012.

Staying connected to activity



Field Lane acknowledge that being homeless doesn't just mean living on the street.

Current trends indicate that the numbers experiencing homelessness will increase dramatically. Many families are in temporary or inadequate housing, having to move frequently or seeking protection from unscrupulous landlords. When young children are added to the mix the problems become acute. Everyone would agree that a fragile and temporary housing situation is the worst environment in which to raise a child. These families lose touch with their communities and support base, they feel threatened, isolated, stressed. This impacts negatively on the wellbeing of their children.

Andrew Provan House is now supporting much younger families, and is developing a strong model of care and support that focuses on interpersonal skills, drug and alcohol awareness with a strong emphasis on education and employment. As with other Field Lane projects, we will be using counsellors, arts and music therapists to enhance the work of our staff.

Field Lane continues to provide support for families experiencing homelessness, offering a stable place from which to take stock, and learn the skills to navigate their way back to settled life.

› **For many education is difficult to take up again after the stresses of family homelessness.** At Andrew Provan House K, J, N and L have taken advantage of the stability and support offered to finish or begin educational courses and we applaud their steps towards future independence. For many other residents the lack of subsidised childcare places for under threes is a barrier for those wishing to pursue further study or training.

› **Friends are made at APH and the residents do many things together.** As many of the children are of similar age and often go to the same schools leads to school runs often being shared as well as other activities. APH's Children's Services also helps in the education and development of the often traumatised young children.

› **"The Priory has created an herb garden in the grounds.** Here residents grow herbs used in their own cooking and in the meals prepared in The Priory kitchen. "The residents always enjoy taking part" says manager A Ilena Edwards".



› **In two events Families at APH came together to raise £872 for Children in Need and Comic Relief.** From an idea floated at a weekly house meeting, the families arranged two 'buggieathon' sponsored walks (one in pyjamas) around Kensington Gardens, cake sales and three brick and brace stalls in Portobello market.

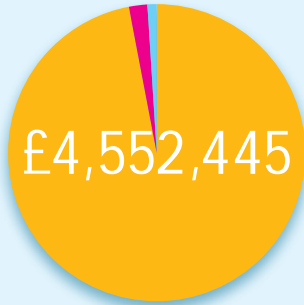


› **Weather permitting our families help to maintain the garden area where vegetables and flowers are growing well.** The Bright Horizons Foundation has helped us to create a secure and suitably landscaped garden for parents and children to play and relax in. Other family orientated activities include arts and crafts sessions, storytelling and, with the assistance of Help A London Child sponsored days out to London Zoo, London Aquarium and Legoland.

› Z works in the kitchen at Dovers, she has a learning disability. She says she likes to "Cook the dinners, peel the vegetables and have fun". She also says that it's really good that she "Gets paid," for her work. Field Lane has a long tradition of finding paid work for vulnerable people in our projects, who might not otherwise find paid employment in the community.

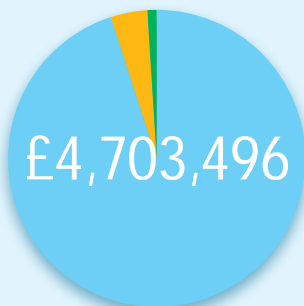
› This year R made his first flight on an aeroplane. He flew to Edinburgh alone with one member of staff. The trip was such a success that he's already booked to make a longer trip to Benidorm later this year. R's family are "very satisfied with the standard of care R receives at Boston Avenue". They go on to say they are, "made to feel very welcome" and are "happy that R's individuality is well managed".





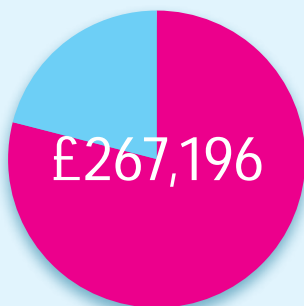
TOTAL INCOMING RESOURCES

Income from services	£4,434,334
Charitable income (restricted)	£75,755
Charitable income (unrestricted)	£35,598
Investment and other income	£6,758



RESOURCES EXPENDITURE

Direct charitable expenditure	£4,483,245
Management and support costs	£175,676
Fundraising and marketing	£44,575



CAPITAL EXPENDITURE

Freehold and long term leasehold properties	£209,260
Furniture, fixtures and fittings	£56,686
Information and Communication Technologies	£1,250

Full accounts available from Central Office

THANK YOU

For 170 years, Field Lane has put people before profit and met vulnerable people at their point of need. Our charitable activities have been carefully recorded in the 170 annual reviews, as is the generosity of the foundation's supporters whose faith and support made the foundation's work possible.

As a charity whose services are not based on the individual's ability to pay, it is increasingly difficult for us to subsidise care costs and provide the extras such as our social clubs for people with learning disabilities, or our children's support services.

We know that cuts to community support amenities and central social welfare programmes ultimately hit vulnerable people the hardest. Increasing austerity and financial insecurity will lead more people to seek charitable support to meet their needs but with public funding cut backs, the tightening of statutory belts and lower investment returns, the demands on our services to do more for less will also increase.

We hope that the preceding pages have given a taste of the quality changes that your generosity makes. Your kindness helps us to maintain the compassionate quality care and support services that have helped so many vulnerable people since 1841. We therefore extend heartfelt thanks to all who have offered financial, emotional and spiritual support in the past, and to all those who we hope will choose to do so in the future.

HOW TO HELP US

Please introduce our work to others and ask for their support. In maintaining our low administrative costs our capacity for publicity and fundraising is limited and any assistance that you can give to introduce others to our work would be warmly welcomed. Could your church or social group help us to raise funds? How about friends and family or your social media groups? We can supply information packs about our work, arrange project visits or visit your group to discuss our work. Please help us to reach others who can help.

■ **Regular giving by direct debit or other means.** This kind of donation can help us to maintain our current work and also plan ahead. Furthermore, if you are a UK taxpayer signing a Gift Aid declaration can increase your gift's value by 25%.

■ **Donate Online.** An easy and secure way to support us using the donate button on our website pages www.fieldlane.org.uk. A gift aid form is also available at <http://www.fieldlane.org.uk/11-pdf/GAform05.pdf>

■ **Organise a fundraising event or get sponsored to participate in one.** We are open to all your suggestions as to how we can raise funds for those in our care and eager to hear and support your initiatives. Don't be shy!

COULD YOUR EMPLOYER SUPPORT US?

■ **Payroll Giving.** Employer or employed you can help us through regular donations from your gross pay. UK tax payers can also increase their contributions by 25% by signing a Gift Aid declaration.

■ **Does your company have a Corporate Responsibility Programme?** Could you interest them in helping us in our work? Could we be their charity of the year? Would they like to help through donations in kind?

■ **Are you connected to a Trust or Foundation?** Please contact us if our work fits your giving criteria.

FOR THE FUTURE

■ **Leave a legacy.** If after family and friends you could leave Field Lane a legacy, it would help us to meet the challenges that will face vulnerable people in the future. Our legacy leaflet about how to make a will is available from our central office address or from our website: <http://www.fieldlane.org.uk/fl-pdf/legacy.pdf>

Fuller details on all options available to help us to help vulnerable people are available on our website at: <http://www.fieldlane.org.uk/support-us.php> or by contacting: Trevor O'Farrell *Funding and Communications Manager*.
Field Lane, 2nd Floor,
The Victoria Charity Centre,
11 Belgrave Road, London SW 1V 1RB.
Tel: 020 7748 0309.
Email: tofarrell@fieldlane.org.uk

Our thanks
to everyone who
has supported our
work in the recent
past, including:

St Angela's Ursuline School
St Augustine of Canterbury
Pittshanger Methodist Church
The Bee Keepers Association
Staff Charity Fund Royal Bank of Scotland Card Dept (Southend)
CMS Cameron McKenna
The Girdlers' Company Charitable Trust
The Heath Charitable Trust
Miss R. Wainwright Charitable Trust
Kathleen Smith Charitable Foundation
The SMB Charitable Trust
G.M. Morrison Charitable Trust
The Souter Charitable Trust
Michael and Anna Wix Charitable Trust
The Privy Purse Charitable Trust
The SMB Charitable Trust
Coutts & Co. Charitable Trust
New Court Charitable Trust
The Helianthus Charitable Trust
Loseley Christian Trust
The Assheton-Smith Charitable Trust
Kathleen Smith Charitable Foundation
The Dorothy Howard Charitable Trust
Albert Hunt Trust
The R S Brownless Charitable Trust
Church Welfare Association
Capital Radio 'Help a London Child'
The Elise Pilkington Charitable Trust
Ernest Kleinwort Charitable Trust
Beatrice Laing Trust
The Fitton Trust

The Junior League of London
The Diana Deyong Charitable Trust
The Queen Mother's Guild
The Minors Nursery School
The Bright Horizons Foundation
Mrs J A Idersey Williams
Miss M B Macaulay
Miss M G Martin
Mrs J M Barham
Mr & Mrs G.F.N and R Knox
Miss M. Parsons
Mr R Bray
Mrs D Goshawk
Mr & Mrs S Jewell
Mr J Furber O.C. (Chair)
Mrs C Long
George Earl of Haddo (Vice President)
Mr & Mrs J B Newland
Miss S Peckett
Mrs G M Jones
Revd. & Mrs Howard Rady
Mrs H Lambert
Mr & Mrs T & J Ritchie
Ms A M Aldous
Mr & Mrs R and I Jenvey
Mr G Smewing
The Most Hon. Marquess of Aberdeen

And to everyone else who
has supported our work over
the past year

CONTACT US

We are looking forward to hearing from you. You can contact any of our projects directly. Staff will be happy to help and answer your queries.

Central office, management and training services

Central office

Field Lane
2nd Floor, The Victoria Charity
Centre, 11 Belgrave Road,
London SW1V 1RB
Tel: 020 7748 0303
Fax: 020 7821 6691
Email: info@fieldlane.org.uk

Management services

Please contact central office (above)
Email: jlamb@fieldlane.org.uk

Senior Management team

Jeremy Lamb MA CQSW
Chief Executive

Hien Le FCCA ACA DChA
Director of Finances

Please contact central office (above)

Jacky Owen MA
Director of Operational Services

Please contact c/o Dovers,
9 Dovers Green Road,
Reigate, Surrey RH2 8BU
Tel: 01737 242 209
Fax: 01737 246 457

Training Manager

John Hawes
Field Lane Training Services
Tel 01737 242 209
or 07775 831 912
Email: jhawes@fieldlane.org.uk

Support for vulnerable families

Andrew Provan House
London W 2
Email: jowen@fieldlane.org.uk

Services for adults with learning disabilities

ESSEX BASED SERVICES:

Nursing

Badgers
Tel/Fax: 01702 526 027
Email: badgers@fieldlane.org.uk

Supported housing

Boston Avenue
Ailsa Road
Field Lane Care and Support Agency (FLCSA Southend)
Tel/Fax: 01702 344 615
Email: nwinn@fieldlane.org.uk

Southend Social Club
Email: nwinn@fieldlane.org.uk

SURREY BASED SERVICES:

Supported housing

Westmead Drive
Court Lodge
Field Lane Care and Support Agency (FLCSA Reigate)
Reigate Social Club
Tel: 01737 242 209
Fax: 01737 246 457
Email: sowen@fieldlane.org.uk

www.fieldlane.org.uk

Services for older people

SURREY BASED SERVICES:

Residential dementia care and nursing, respite and day care

Dovers

9 Dovers Green Road
Reigate, Surrey RH2 8BU
Tel: 01737 244 513
Fax: 01737 225 737
Email: ppuplett@fieldlane.org.uk

Independent Supported Living

Ashdown Close

Address/Tel/Fax/Email
Contact Dovers (above)

WEST SUSSEX BASED SERVICES:

Residential dementia care and nursing, respite and day care

The Priory

South Street, Tarring, Worthing,
West Sussex BN14 7NH
Tel: 01903 237 027
Fax: 01903 204 253
Email: aedwards@fieldlane.org.uk
www.theprioryworthing.co.uk

NORTH YORKSHIRE BASED SERVICES:

Residential dementia care and nursing

Field Lane Management Support (For The Society of The Holy Child Jesus)

Apley Grange (Care home)
Harrogate, North Yorks
Email info@fieldlane.org.uk



Registered Charity 207493
Registered Housing Association LH3047
Company Limited by Guarantee 98226